



Dr Alpana Verma

She holds MSc in Physics, MEd, MBA and PhD in Education on Stress Management. Along with this she has done Diploma in Gandharved (Music). She is an entrepreneur, running her own intuition of Higher Education in the name of Ample Dreams Institute of Education as Principal and Director.

She is an author, Singer, Motivational speaker, Anchor and soft skill trainer. She is called as a faculty as soft skill trainer from many universities and institutions.

Her three books were published upto now. One is on her research work "Work place stress", second one is a story book for children " Pankhon wali Rajkumari" and a poetry book for children " Tukku Raja Chale Bazar".She received many National level awards for these books from various states of India.

She is a senior lion member, held highest position as Region Chairperson. She was DC Lions Quest for four years and received many awards from Multiple and International. She received International presidential medal too.

She is FDI graduate from Dubai and took training for LCIP from New Delhi.