

Scope and Sequence Grade 1-8

UNIT	GRADE LEVEL	LESSON 1	LESSON 2	LESSON 3	LESSON 4	LESSON 5	LESSON 6	LESSON 7	LESSON 8
UNIT 1 A Positive Learning Community	Grade 1-8	Making Introductions SEL COMPETENCY: Self-Awareness, Relationship Skills	Establishing Classroom Agreements SEL COMPETENCY: Self-Management, Relationship Skills	Grade 1-5 Only: Working Together SEL COMPETENCY: Relationship Skills					
UNIT 2: Personal Development	Grade 1-8	Clarifying Your Values SEL COMPETENCY: Self-Awareness	Assessing Strengths and Growth Opportunities SEL COMPETENCY: Self-Awareness, Relationship Skills	Building Self-Confidence and Self-Respect SEL COMPETENCY: Self-Awareness"	Motivating Yourself SEL COMPETENCY: Self-Management	Setting Positive Goals SEL COMPETENCY: Self-Management	Labeling Emotions SEL COMPETENCY: Self-Awareness	Managing Stress and Strong Emotions SEL COMPETENCY: Self-Awareness, Self-Management	Recognizing the Thoughts, Emotions, Action Connection SEL COMPETENCY: Self-Awareness, Self-Management
UNIT 3 Social Development	Grade 1-8	Listening SEL COMPETENCY: Relationship Skills, Social Awareness	Respecting Others SEL COMPETENCY: Social Awareness, Relationship Skills	Communicating with “What, Why, and How” messages SEL COMPETENCY: Social Awareness, Relationship Skills	1-5 Building Healthy Relationship 6-8 Working Together SEL COMPETENCY: Relationship Skills	1-5 What is Bullying? 6-8 Building Healthy Relationships SEL COMPETENCY: Relationship Skills, Social Awareness	1-5 Dealing with Bullying Behavior 6-8 Handling Conflict in Relationships SEL COMPETENCY: Relationship Skills, Social Awareness	Dealing with Bullying Behavior SEL COMPETENCY: Relationship Skills, Social Awareness	6-8 Only: Dealing with Bullying Behavior SEL COMPETENCY: Relationship Skills, Social Awareness
UNIT 4 Health and Prevention	Grade 1-8	Choosing Healthy Living SEL COMPETENCY: Responsible Decision-Making	Making Good Decisions Part I SEL COMPETENCY: Responsible Decision-Making	Growing in Responsibility SEL COMPETENCY: Responsible Decision-Making	1-2 Being Careful Around Medicines 3-8 Staying Away from Tobacco SEL COMPETENCY: Responsible Decision-Making	1-2 Staying Away from Poisons 3-8 Staying Away from Alcohol SEL COMPETENCY: Responsible Decision-Making	1-2 Making Good Decisions Part 2 3-8 Staying Away from Other Drugs SEL COMPETENCY: Responsible Decision-Making	Standing Up to Social Pressure SEL COMPETENCY: Self-Management, Responsible Decision-Making	6-8 Only: Reinforcing and Modeling a Healthy, Drug-free Lifestyle SEL COMPETENCY: Self Management, Responsible Decision-Making, Relationship Skills
UNIT 5 Leadership and Service	Grade 1-8	Serving Your School and Community SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Assessing Classroom Assets and Interests for Service-Learning SEL COMPETENCY: Relationship Skills, Responsible Decision-Making, Self-Awareness	Identifying Classroom, School, and Community Issues and Needs SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Deciding Together on a Service-Learning Project SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Planning a Service-Learning Project SEL COMPETENCY: Relationship Skills, Responsible Decision-Making	Implementing the Service-Learning Project SEL COMPETENCY: Relationship Skills	Reflecting on and Demonstrating the Service-Learning Project SEL COMPETENCY: Responsible Decision-Making	Demonstrating Service SEL COMPETENCY: Relationship Skills, Responsible Decision-Making
UNIT 6 Reflection and Closure	Grade 1-8	Reflecting On Learning, Experience, and Goals SEL COMPETENCY: Relationships Skills, Responsible Decision-Making	Celebrating Class Successes and Acknowledging Contributions SEL COMPETENCY: Relationship Skills, Responsible Decision-Making						